

# Day Trip checklist



## What to pack

### Water

Make sure you have enough for you and your group. If in doubt, pack more.

### Shoes

Choose sturdy, enclosed walking shoes.

### Clothing

Pack rain jackets and jumpers and choose long sleeves – it's better in the sun.

### Rubbish bag

So you can take your rubbish home with you.

### Sun protection

Pack sunscreen, a hat, sunglasses and wear long sleeves if you can.

### Hygiene

Pack hand sanitiser and loo paper if you're going somewhere without serviced toilets.

### Bites, stings and blisters

Insect repellent, gaiters, pressure bandage and band-aids.

## Before you leave

### Check the weather forecast and fire danger rating

Check the weather before you go so you can plan accordingly. Your clothing, equipment, water, and activities could all be impacted by the weather. Some parks close on days of high winds or elevated fire danger. Check the park page for park closures.

### Check the facilities

Facilities such as toilets, barbecues, mobile reception can vary from park to park. Visit the specific park page you're visiting for detailed information.

### Tell someone where you're going

Tell them where you're headed and when you expect to be back.

### Pick the right activity

Think about you and your group's fitness levels, stamina and abilities.

### Check the regulations

Can I take my dog? Heat bead barbecue? Fly my drone? Can I swim there? Check what you can and can't do at your destination to avoid disappointment.

## While you're there

### Park safety

Trees and limbs may fall at any time, so don't park your car, picnic or camp under trees.

### Stay on track

Remaining behind barriers and on marked tracks prevents damage to the environment and cultural heritage while stopping you from walking or riding into dangerous situations.

### Stay out of closed areas

If an area is marked closed, it is closed for your safety – even if you can't see the danger.

### Follow the signs

Some activities may not be allowed – follow any regulatory signs to stay safe and avoid a fine.

### Be SunSmart

Make sure you're wearing sunscreen and a hat – and stay in the shade during the day as much as you can.

### Respect wildlife

Wildlife is just that – wild! Animals can become aggressive if they feel threatened. Human food can make wild animals sick or encourage them to harass visitors.

### Leave no trace

Take your rubbish with you! Most parks don't have rubbish bins.

## In an emergency

### Call triple zero

In the event of an emergency, call 000 or 112 to access police and emergency services.

### Have an emergency plan

Have a plan of what you will do in a fire or emergency. Don't expect a ranger or emergency services will be there to tell you what to do.

Many of our parks feature [emergency markers](#), which are special green signs with a unique code on them so emergency responders can pinpoint your exact location.

### Know that mobile reception is not reliable

Be aware that you may travel out of mobile phone range and might not always be able to call for help.